

ORMA

**D'Care Research &
Development Centre**



TABLE OF CONTENTS

01.

ORMA

An Introduction

02.

Dementia

Importance of Dementia Care

03.

Commitment to Society

Vision, Mission & Objectives

04.

Strength

Expertise, Quality Care & Facilities

05.

Creative Dementia Care Management

A design that covers the importance of Quality Care

06.

Continuous Improvement

PDCA & SWOT Analysis



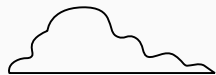
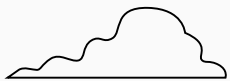
INTRODUCTION OF

ORMA

D'CARE RESEARCH & DEVELOPMENT CENTRE

ORMA D'Care Research & Development Centre is an Initiative of **ORMA EDUCATIONAL AND CHARITABLE TRUST (OECT)**. It is a registered public welfare charitable NGO working together with trustees, local communities and certain organizations to improve the well-being of people with Dementia and related memory disorders.





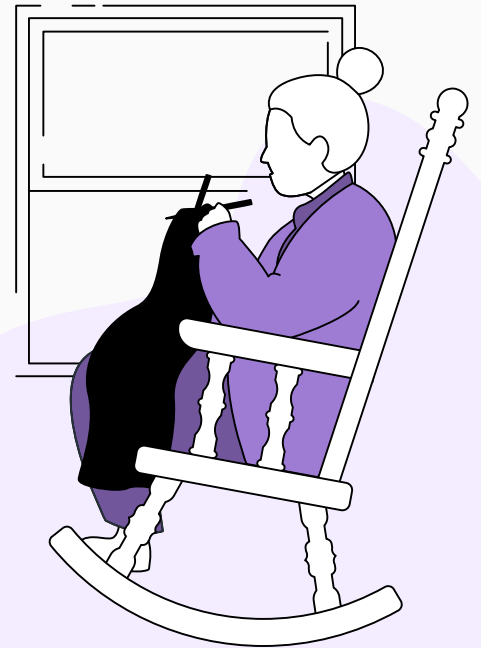
02.

About Dementia



DEMENTIA

Dementia is not a specific disease but is rather a general term for the impaired ability to remember, think, or make decisions that interferes with doing everyday activities. Alzheimer's disease is the most common type of dementia. Though dementia mostly affects older adults, it is not a part of normal aging.



IDENTIFYING DEMENTIA

01. Memory loss that affects day-to-day abilities

02. Difficulty performing familiar tasks

03. Problems with language

04. Disorientation in time and space

05. Impaired judgement

06. Problems with abstract thinking

07. Misplacing things

08. Changes in mood and behavior

09. Changes in personality

10. Loss of initiative



CAUSES OF DEMENTIA



Damage / Changes in brain

- ❖ Alzheimer's disease is the most common cause of dementia.
- ❖ Strokes are the second most common cause of dementia.
- ❖ Parkinson's disease. Dementia is common in people with this condition.
- ❖ Dementia with Lewy bodies. It can cause short-term memory loss.
- ❖ Severe head injury.

PHASES OF DEMENTIA

Stage-1	No Cognitive Decline	
	Symptoms	<ul style="list-style-type: none">❖ Normal function❖ No memory loss❖ People with NO dementia are considered in Stage 1
Stage -2	Very Mild Cognitive Decline	
	Symptoms	<ul style="list-style-type: none">❖ Forgets names❖ Misplaces familiar objects❖ Symptoms not evident to loved ones or doctors
Stage -3	Mild Cognitive Decline	
	Symptoms	<ul style="list-style-type: none">❖ Increased forgetfulness❖ Slight difficulty concentrating❖ Decreased work performance❖ Gets lost more frequently❖ Difficulty finding right words❖ Loved ones begin to notice

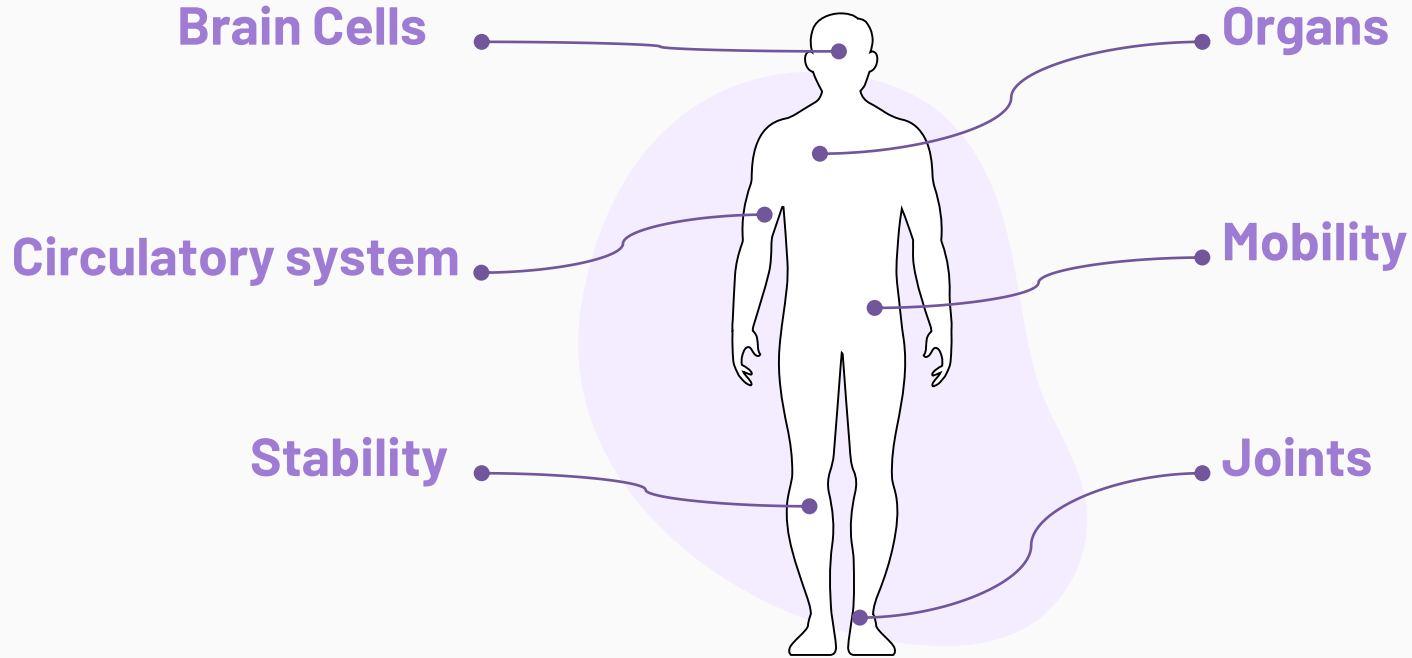
PHASES OF DEMENTIA

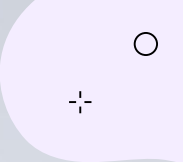
Stage-4	Moderate Cognitive Decline	
	Symptoms	<ul style="list-style-type: none">❖ Difficulty concentrating❖ Forgets recent events❖ Cannot manage finances❖ Cannot travel alone to new places❖ Difficulty completing tasks❖ In denial about symptoms❖ Socialization problems: Withdraw from friends or family❖ Physician can detect cognitive problems
Stage -5	Moderately Severe Cognitive Decline	
	Symptoms	<ul style="list-style-type: none">❖ Major memory deficiencies❖ Need assistance with ADLs (dressing, bathing, etc.)❖ Forgets details like address or phone number❖ Doesn't know time or date❖ Doesn't know where they are

PHASES OF DEMENTIA

Severe Cognitive Decline (Middle dementia)	
Stage-6	<p>Symptoms</p> <ul style="list-style-type: none">❖ Cannot carry out ADLs without help❖ Forgets names of family members❖ Forgets recent events❖ Forgets major events in past❖ Difficulty counting down from 10❖ Incontinence (loss of bladder control)❖ Difficulty speaking❖ Personality and emotional changes❖ Delusions❖ Anxiety
Very Severe Cognitive Decline (Late dementia)	
Stage -7	<p>Symptoms</p> <ul style="list-style-type: none">❖ Cannot speak or communicate❖ Require help with most activities❖ Loss of motor skills❖ Cannot walk

DEMENTIA DAMAGES





DON'T WORRY...
WE ARE HERE TO
TAKE CARE OF YOUR
LOVED ONE'S.

03.

COMMITMENT TO SOCIETY



OUR VISION & MISSION



VISION

To revitalize and care for the ones who cared for us by loving the hearts which lost minds and to enhance the quality of ageing by preserving the moments of today for those who lost the memories of yesterday.

MISSION

ORMA is a welcoming and comfortable community that empowers each of our residents to live a meaningful and purposeful life.

We focus on the unique physical abilities of each resident, both in group and private sessions. We take into consideration on the preferences and the stories of our residents to create enjoyable moments throughout the day.



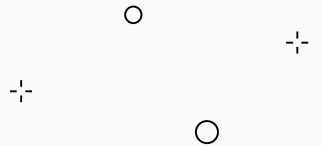
OUR OBJECTIVES

- ❖ To promote welfare, social-cultural, charitable, health education, humanitarian, and relief activities that will protect, safeguard, improve the quality and raise the standard of human life, particularly economically weaker sections of the society, irrespective of caste creed, race color, sex or religion so that they may lead healthy, happy contented and dignified life.
- ❖ To help and collaborate in establishing and running medical centers, old age homes, Ashrams, rehabilitation, institutions for the destitute, vocational training centers for the handicapped and self-job oriented activities for the unemployed.
- ❖ To offer scholarships, stipends and financial support to deserving students in pursuing higher studies in medicine Art, science, Engineering and computer technology.
- ❖ To undertake and support any program or projects that provide educational, recreational, social cultural and spiritual activities with the sole purpose of promoting peace, love, tolerance and national integration among the various communities of the country and Nationalities of the world.
- ❖ Sponsorship of economically weak persons for institutional care.
- ❖ Collaboration with other voluntary organizations to accomplish the above objectives.



04.

OUR STRENGTH







OUR TEAM



Our thriving team has open and honest discussions, sharing their thoughts, ideas and opinions. They engender a meritocracy, ensuring no-one is above anyone else and allowing everyone to feel as though they can contribute freely. Creating this sort of culture is one of the fundamental foundations of Orma team. We have a set of goals that completely designed for the well-being of your loved one's and our team knows the importance of focusing to that goals. As per our concept, this is not a job or service, in other words, its an opportunity to do something marvelous in our lifetime.



QUALITY CARE

Quality of life in persons with dementia is, in large part, dependent on the quality of care they receive. Dementia specific Quality of Life was defined as the subjective interpretation and evaluation of the individual's experience in each of the many important areas that contribute to well being. As a responsible dementia care Centre, Our professional team concentrating on below methods to enhance the quality of your loved ones.

- ❖ **Encourage social interaction**
- ❖ **Enrich life through music and art.**
- ❖ **Be physically active.**
- ❖ **Promote good nutritional food.**
- ❖ **Find creative ways to communicate.**

Quality of care is not always about the tangible facts but as much about word of mouth and the quality perception of the service. Orma D'care Memory Care & Research Centre actively reviews the views of residents and their families through regular processes. These includes one of one resident reviews, resident meetings, questionnaires and comment/complaint processes. Our internal governance is monitored by our Trust members and a monthly audit will ensure which is assessed as a group of compliance.

OUR FACILITIES



Professional Team

Good Ambience

Nutritional Food

**Single/ Twin
sharing rooms**

Transportation

**Nearby Multi-
Speciality hospitals**

05.

**CREATIVE
DEMENTIA CARE
MANAGEMENT**



DEMENTIA CARE MANAGEMENT

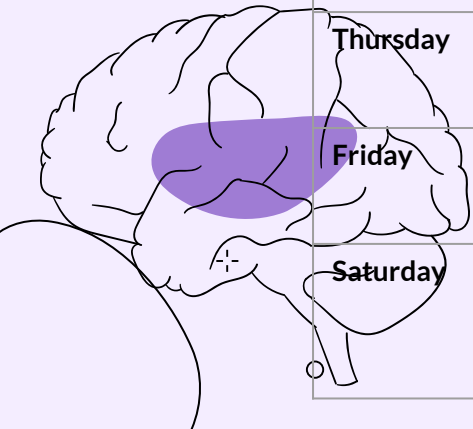
Dementia care management is a model of collaborative care, defined as a complex intervention aiming to provide optimal treatment and care for patients with dementia and support caregivers by using different types of assessments determining a personalized array of intervention modules and subsequent success monitoring.

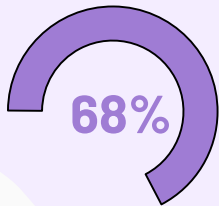
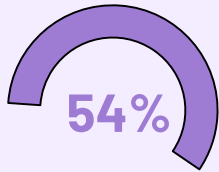
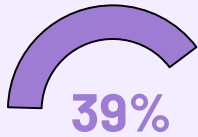
There is a general belief that **memory stimulated activities** that stimulate the mind, help to slow its decline in people with dementia. Cognitive, Sensory and Mental stimulations provides people with dementia to stimulate thinking, memory and social interaction, in order to delay the worsening of dementia symptoms.



CREATIVE ACTIVITIES SCHEDULE

Days	9:00 – 10:00	10:00 – 12:00	12:00 – 2:00	2:00 – 3:00	3:00 – 5:00
Monday	Prayer, Exercise	Drawing / Coloring / Cooking	Lunch & Leisure Time (TV, Rest etc)	Auto story, Telling about yourself	Ball passing game , Music related Anthakshari/Walking
Tuesday	Silent Meditation, Exercise	Building blocks/ Cleaning surroundings	Lunch & Leisure Time (TV, Rest etc)	Mathematics- compulsory calculation	Carom board, Story telling & discussing/Walking
Wednesday	Meditation, Exercise	Logical puzzles	Lunch & Leisure Time (TV, Rest etc)	Word games(2 picture one word game)	Listening to music ,singing , dancing/Walking
Thursday	Councelling, Excercise	Gig saw puzzle, Colouring & painting	Lunch & Leisure Time (TV, Rest etc)	Colouring & painting / Reading Books	Gardening/Walking
Friday	Yoga, Excercise	Craft works(Making flowers, different shapes)	Lunch & Leisure Time (TV, Rest etc)	Craft works (Making flowers, different shapes)	Ball passing, playing Anthakshari game/Walking
Saturday	Grow your garden	Memory Activity showing items in a box & ask them to remember items	Lunch & Leisure Time (TV, Rest etc)	Quiz competition	Singing songs, story telling /Walking





06.

CONTINUOUS IMPROVEMENT



ACHIEVING CONTINUOUS IMPROVEMENT

Continuous improvement is a systematic, sustainable approach to enhancing the quality of care and outcomes for patients. Building a continuous improvement culture is not a turnaround project or a quick fix but a journey which never really ends, requiring commitment, investment and persistence.

The goal of continuous improvement is 'operational excellence' - establishing a way of working which delivers improvements in care quality and safety by the everyday use of continuous improvement techniques. Continuous improvement is driven and owned by frontline staff, reinforced by specialised, ongoing training and supported by the entire organisation

It has to be underpinned by the right leadership behaviors. Leaders who include, support, mentor and ask questions of their team rather than issue instructions are the people who can make this happen. Everyone needs to understand how they are expected to behave.

This is a culture shift towards a new philosophy of being a self-analytical, self-critical, learning organisation which empowers frontline staff to identify the root causes of problems in systems and processes and to develop the solutions.

The background features a white base with several light purple organic shapes. There are two line-art clouds, one in the top left and one in the top right. Small white circles and plus signs are scattered throughout the design.

DONATE US

We are trying our best to provide quality care and support to the senior members of our society.
For that we need your helping hand.

“We rise by lifting others”

-Robert Ingersoll

REACH US

Mobile : +91 9446080849

Email : orma.care@gmail.com

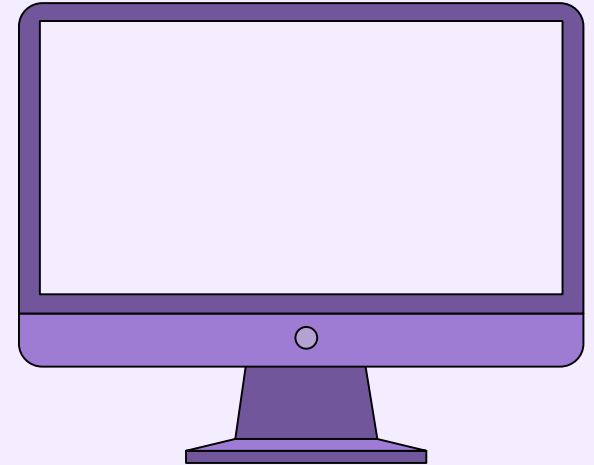
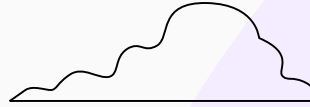
Web : www.ormatrust.org

Whatsapp: +91 9446080849

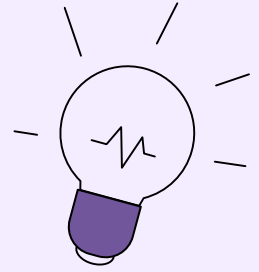
FB : <https://www.facebook.com/orma.care>

Address: **Orma D'care Memory Clinic & Research Centre**

KP-11/353, Choozhampala - Mukkola Road,
Kudappanakunnu, Thiruvananthapuram(Dist)
Kerala(St), India
Pin - 695043



**To care for those
who once cared for us
is one of the highest
HONOURS**





THANKS!